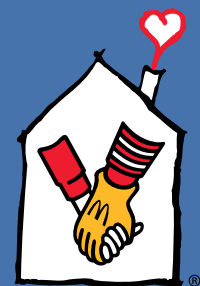




2022

Impact Evaluation Summary Report



RMHC[®]
Western Australia

Keeping families close[®]

Family-Centred Care: Family and Child Wellbeing

No family expects their child to be diagnosed with serious health issue or injury. It can turn family lives and future plans upside down.

At RMHC WA, we help keep families together and their wellbeing supported far from home, schools, jobs and loved ones.

Ronald McDonald House Charities is a unique, globally regarded system of family-centred care supporting maternity, child and adolescent patients and their families. In family-centred care, all aspects of care are oriented towards supporting and involving the family with the goal of improving quality, psychological well-being, clinical outcomes and the overall patient and family experience.

Here in Western Australia, one of the world's most isolated health jurisdictions, RMHC WA understands the diverse challenges patients and families experience throughout their journey.

Our RMHC WA Impact Framework provides crucial data and insights to improve, create and collaborate services for positive change in the lives of the families we care for.



Emotional Wellbeing

The ability to manage stress and anxiety being experienced



Cultural Wellbeing

Cultural identity and practice is respected and supported



Environment Wellbeing

The family environment is safe, healthy and stimulates positive family relationships



Financial Wellbeing

Parents/carers feel financial burden is alleviated and easier to manage

About the RMHC WA 2022 Impact Evaluation Report

Independent Analysis and Evaluation

Social Ventures Australia (SVA) was engaged by RMHC WA to undertake analysis and evaluation of data collected and sourced for the preparation of an independent impact evaluation report.

93

Participants

One-to-one interviews



14 Parents/carers

2 Hospital partner representatives
(Perth Children's Hospital and King Edward Memorial Hospital)

Data collection timeframe



15 June 2022 – 31 December 2022

Internal Data Analytics Workshop

Data testing and analytics with RMHC WA frontline staff

RMHC WA Family Wellbeing Survey

20 First Nations

34 PCH House



37 Nedlands House

3 St Catherine's on Park

50 Short term stays (>14 days)



16 Medium term stays (14 days - 1 month)



9 Long term stays (1 month +)



10 Metro (less than 100km)



22 Regional (100-300km)



22 Rural (300-900km)



23 Remote (900km+)



Family Wellbeing 2022

In 2022, the overall wellbeing of families prior to RMHC WA's support was **10% lower than data recorded in 2021**.

This is likely due to the effects of the COVID-19 pandemic and rising costs of living that Western Australians experienced during the year.

The overall wellbeing scores of families supported by RMHC WA in 2022, across emotional, financial, cultural and environmental wellbeing, increased by 26% compared to an increase of 17% measured in 2021.

RMHC WA's support had its highest impact on the emotional and financial wellbeing of families with a 31% increase in wellbeing.

A critical insight from the report highlighted that parents and carers believed if they had not been able to access RMHC WA support, their families' wellbeing would have further declined in their circumstances. In particular, 83% of families stated that if they had not been able to stay at RMHC WA, their emotional wellbeing would have been poor or very poor.



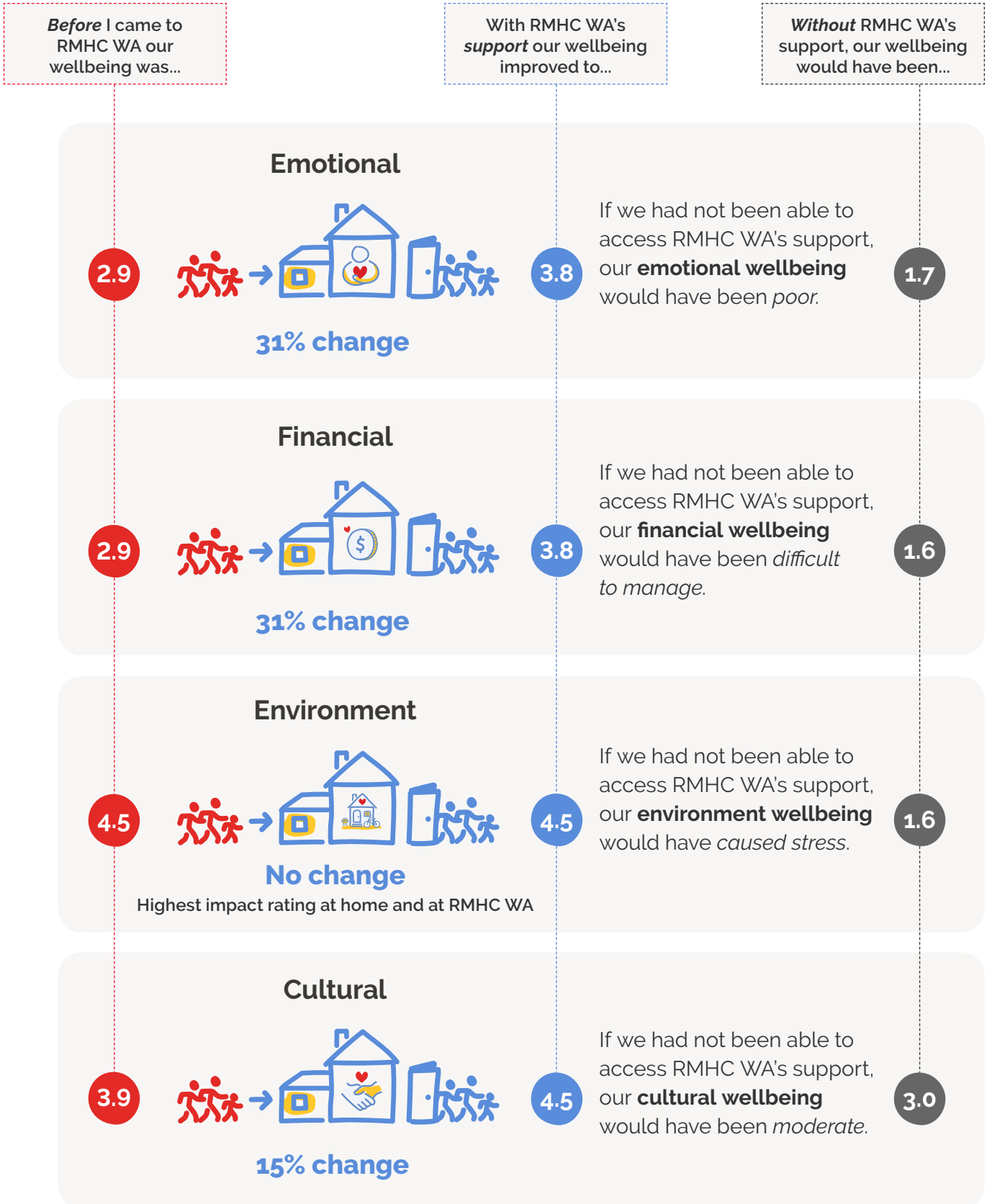
26%

Positive change in wellbeing

RMHC WA Impact Measurement

Domains of Wellbeing

Impact change rating —
1 (very low) - 5 (very high)



Insights



Emotional Wellbeing

Prior to RMHC WA support approximately 1 in 3 families were experiencing poor to very poor emotional wellbeing.

With **RMHC WA's support 67% reported their emotional wellbeing was good to very good** and ratings for poor to very poor emotional wellbeing was reduced by 25%.

In feedback, parents and carers highlighted the social connection with other families and their shared experience as a major contributor to improved emotional wellbeing.



Cultural Wellbeing

70% of families stated their cultural wellbeing was good or very good prior to RMHC WA's support **increased to 90% of families of during their stay at RMHC WA.**

55% of families stated their cultural wellbeing would have been low or very low if they had not been able to stay at RMHC WA for their child's treatment.

Overall, RMHC WA had a slightly higher impact on cultural wellbeing in 2022 compared with 2021 with an increased impact rating of 4.4 to 4.5 out of 5.



Environment Wellbeing

Families placed a very high wellbeing value to their family home environments which was equally matched in their experience in RMHC WA 'home-away-from-home' environments.

93% of participants agreed or strongly agreed that without the RMHC WA family-centred environment, they would have experienced stress on their family's wellbeing.



Financial Wellbeing

Prior to RMHC WA support approximately 1 in 3 families were experiencing stressful financial wellbeing.

With RMHC WA's support, **71% reported their financial wellbeing as manageable an easy to manage.**

RMHC WA had a higher impact on the financial wellbeing of Aboriginal families than non-Aboriginal families during their stay but their financial wellbeing remained lower after RMHC WA support compared to non-Aboriginal families.



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A partnership to better understand opportunities

Social Ventures Australia Consulting (SVA) is Australia's leading not-for-profit consultancy. They focus solely on social impact and work with partners to increase their capacity to create positive change.

SVA provides RMHC WA with independent impact evaluation of our service in the lives of families we care for. Our impact data helps us to better understand the wellbeing challenges for young patients and their families..



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